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Youth Workers Mobility

Infopack

*Empowering Rural Communities:
Youth-Led Spaces for Transformation*

**January 7th - 15th 2026,
Roșiori de Vede, Romania**



YOUTH WORKERS MOBILITY

Logistics: time and location



Time-bound information

- **Date:** January 7th 2026 - January 15th 2026;

Space-bound information

- **Venue:** The activities will take place mainly in Filiala Se Poate's Youth Space in Troianul, Teleorman, near Rosiori de Vede. The transport from the accomodation to the venue and back will be provided for by the host association.
- **Accomodation:** The participants will be housed in a hotel in Rosiori de Vede, Teleorman, Romania, in double, gender-separate, international rooms.

Host details

- **Host:** Filiala Asociației Se Poate;
- **Contact details:**
 - ✉ andra.zoica@asociatiasepoate.ro
 - ☎ +40 774 693 603
 - 🌐 www.filialasepoate.ro

YOUTH WORKERS MOBILITY



About the Project

Empowering Rural Communities – Youth-Led Spaces for Transformation (ERC) is an Erasmus+ project focused on creating and strengthening youth spaces in rural areas as drivers of empowerment, community development, and social innovation.

Through this mobility, we aim to equip youth workers with the skills, tools, and mindset needed to manage such spaces effectively and to transform them into local hubs for civic engagement and creativity.

Objectives of the Mobility

- Build youth workers' capacity to manage, sustain, and innovate within youth spaces.
- Explore how youth spaces can act as platforms for empowerment and community development.
- Exchange best practices among Romania, Poland, and Bulgaria.
- Strengthen international cooperation between rural youth organisations.

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Mobility Overview



The 5-day training will take place mainly in Troianul Youth Space, with additional field visits in Roșiori de Vede.

The activities combine non-formal education, peer learning, and hands-on workshops.

Main Themes:

- Group building and partnership consolidation;
- Youth Spaces as Social Innovation;
- Managing and Sustaining a Youth Space;
- Designing Empowering Activities;
- Understanding cultural and socio-economical contexts;
- Field visits

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Practical Information

Participants are responsible for reaching Roşiori de Vede, with the host organisation assisting with travel planning and reimbursements (according to Erasmus+ rules).

For the Polish Team

- Fly to Bucharest, Henri Coandă Airport – OTP or Aurel Vlaicu Airport – BBU.
- From the airport, take public transport to Gara de Nord (Bucharest North Train Station).
- From Gara de Nord, take a train to Roşiori de Vede (approx. 2.5 hours).

For the Bulgarian Team

Preferred option would be green travel:

- Take a bus to Bucharest, arriving at Autogara Militari.
- From there, use public transport to Gara de Nord, then take a train to Roşiori de Vede.
- Alternative option: carpool directly to Roşiori de Vede (approx. 4–5 hours).
- Train schedules: available via CFR Calatori
- Average cost Bucharest–Roşiori: ~8–12 EUR one way.

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Practical Information



Venues & Transport

Main activity venue:

- Troianul Youth Space – Filiala Asociației Se Poate, Teleorman County

Additional venues:

- Cultural-relevant spots in Troianul;
- Cultural or social-relevant spots in Roșiori de Vede (museums, community and NGO centres)

Daily transport from Roșiori de Vede to Troianul and back will be provided by the organisers (with a minibus, or using personal cars).

Meals

- **Breakfast:** at accommodation
- **Lunch:** at Troianul Youth Space
- **Dinner:** at accommodation or local restaurant in Roșiori de Vede
- **Coffee breaks and snacks** provided during activities

If you have dietary restrictions (vegetarian, vegan, allergies, etc.), please inform us in advance.

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Intercultural nights



During the mobility, we wish to organize an intercultural night, to increase cultural awareness and interaction. As such, we kindly ask participants to prepare for it in advance.

What is it?

A thematic evening in which participants showcase their countries in a creative, informal manner, in order to build a more comprehensive understanding about each culture and overview of diversity in the participants.

How to organise it? Try using:

- presentations and videos;
- traditional food and drinks;
- traditional dances;
- typical games you used to play back in the day;
- language lessons;
- any other creative and innovative ideas you might have

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Final details



Learning & Recognition

All participants will receive:

- Youthpass Certificate, documenting the relevant competences developed during the mobility.

What to Bring

- Comfortable clothes and shoes (activities will include outdoor visits)
- Personal hygiene products
- Reusable water bottle
- Any medication you may need
- National snacks, flags, or small cultural items for the Intercultural Night
- Laptops/tablets if possible (for group work & digital storytelling)

YOUTH WORKERS MOBILITY

Contact details:



Host:

Filiala Asociei Se Poate

Andra Zoica - andra.zoica@asociatiasepoate.ro

Partners:

Spółeczna Grupa Medialna (Poland)

kontakt@mediagroup.org.pl

Young Improvers for Youth Development (Bulgaria)

valentino.kehayov@gmail.com